

# HINE O TE KURA YOUTH SYMPOSIUM

## Event Details

Event name	Hine O Te Kura Youth Symposium
Date	Tuesday, 20 June 2023
Event time	9:30AM - 1:00PM
Arrival time	8:00AM - 9:00AM
Venue	Due Drop Events Centre 770 Great South Road Manukau 2104
Fees & inclusions	Free to attend Morning tea will be provided to all students A menstrual pack will be offered during registration
Transport subsidy	All schools will be eligible to receive \$5 (GST inclusive) per student as transport subsidy.  <i>Please see ‘transport subsidy’ in the 'Attend' webpage for more details including how to request additional financial support for transport if required.</i>

## About

- This one-day event will encourage Tāmaki Makaurau Auckland students aged 14-18 years, of all genders, to explore menstruation through the lenses of Te Ao Māori, sustainability, sport and wellbeing, diversity and inclusion.
- The Hine O Te Kura Youth Symposium is a special event in the lead up to the FIFA Women’s World Cup 2023, helping to break down menstrual equity barriers to participation in sport and education. Menstrual equity is the balance of affordability, accessibility and safety of menstrual products, as well as education.
- Being able to go to school every day and participate in physical activity is important for overall wellbeing. It provides a safe environment where children and young people can grow and learn, build social connections and a sense of belonging, and develop their potential. It has long-term impacts for health, employment opportunities and life choices.
- The Hine O Te Kura Youth Symposium will create a safe and open space for all young people to talk about their experiences, ask for help and support one another.
- The intention is to empower students with information and help to open minds to people’s different approaches and perspectives when it comes to periods.
- The programming has been reviewed by a panel and a youth group to ensure it is age-appropriate, respectful and reflective of the diverse community of Tāmaki Makaurau Auckland.

## Education Outcomes

- Develop a deeper and broader understanding of menstrual cycles from a Te Ao Māori, diversity and inclusion, sustainability, and physical activity and wellbeing perspective.
- Provide a leadership opportunity to take back the learnings to the school or kura and support other students.
- Schools and kura will be provided with an education resource to apply theory into practice.